



# Coaching and Volunteering Awards 2020/2021 - Nomination Form

The Coaching and Volunteering Awards 2020/2021 provide the opportunity to thank coaches and volunteers for their dedication and recognise their achievements.

All nominations must clearly demonstrate why the contribution of the nominee should be recognised. You should take into account the given criteria below and provide clear evidence as to how the nominee has been able to be:

- creative in developing their skills.
- ensure a high quality experience for their athletes, teams, schools and/or Club and community
- develop long-term opportunities for their athletes, teams, schools and/or Club and community

**All nominations should be submitted by Monday 7<sup>th</sup> March 2022. This form can be completed online or downloaded, completed and posted to Chris Jewell, Inverclyde Sports Awards, 43a Esplanade, Greenock PA16 7RY. It can also be completed, scanned in and emailed to [ispagreenock@gmail.com](mailto:ispagreenock@gmail.com)**

**Remember to attach a head and shoulders and an action pic of the nominee with your completed nomination form either online or by post/email to [ispagreenock@gmail.com](mailto:ispagreenock@gmail.com).**

**Coaching Awards – while there is one Coaching Award to be awarded, entries can be submitted for ...**

## **Young Person's Coach of the Year**

This award will be made to a coach who has made an outstanding contribution to the introduction and early development of sport for young people under the age of 18.

### **Evidence:**

- Has delivered quality coaching in a safe environment.

- Has contributed to the development of the basic skills of a young athlete or a young team.
- Has created a safe, fun and nurturing environment for development.
- Has demonstrated innovative practice in their coaching.

### **Community Coach of the Year**

This award will be made to a coach who has supported the development of athletes or teams, who are in the main over the age of 18, and who has significantly increased the sporting opportunities available and participation levels within their community.

#### **Evidence:**

- Has delivered regular quality coaching sessions to a group or to individual athletes.
- Created a safe and enjoyable environment for participation.
- Has demonstrated innovative practice in their coaching.

### **Development Coach of the Year**

This award will be made to a coach who, by using a player-centred approach, has ensured that athletes or teams with emerging talent have made an impact at district, regional or national level.

#### **Evidence:**

- Has adopted a player-centred approach to coaching.
- Has been responsible for identifying and nurturing talent in line with the sport's long term player development model.
- Has coached athletes or teams who have made an impact at district, regional or national level which may include a significant improvement in performance, although not necessarily the winning of titles.

### **Performance Coach of the Year**

This award will be made to a coach working with athletes and teams at the highest level in their sport. The award looks for evidence of player-centred development leading to successful performance at the highest level of Scottish, UK or international sport.

#### **Evidence:**

- Has adopted a player-centred approach to coaching.
- Has made a difference to the performance of an athlete or team, based on resources available to them.

### **Young Coach of the Year**

This award is made to a coach aged 25 years or younger in recognition of their achievements in 2020/2021. This award looks for the young coaches who have invested in their development as a coach and have made a significant impact on the people they coach.

**Evidence:**

- Has helped their athletes or teams reach their potential by dedicated support.
- Has invested time and energy in their development as a coach, undertaking
- continuous professional development and opportunities.
- Has demonstrated innovative practice in their coaching.

**Disability Coach of the Year**

This award will be made to a coach working with people with a disability. The award looks for evidence of player-centred development leading to successful performance of athletes or teams with a disability.

**Evidence:**

- Has adopted a player-centred approach to coaching.
- Has coached athletes or teams who have made an impact at district, regional or national level which may include a significant improvement in performance, although not necessarily the winning of titles.

**Volunteering Awards****Adult Volunteer of the Year**

This award will be made to a volunteer aged 26 years and older as at 31 December 2021 who has made an outstanding contribution to their school or club, in recognition of their commitment in 2020/2021.

**Evidence:**

- Has worked in any aspect of their school/club – without them, the school/club would not be the same.
- Has given up a substantial amount of time to volunteer in sport.
- Has been an inspiration and positive role model for participants and peers.

**Young Volunteer of the Year**

This award will be made to a volunteer aged 25 years or under as at 31 December 2021 or more who has made an outstanding contribution to their school or club, in recognition of their commitment in 2020/2021.

**Evidence:**

- Has worked in any aspect of their school/club – without them, the school/club would not be the same.
- Has given up a substantial amount of time to volunteer in sport.
- Has been an inspiration and positive role model for participants and peers.

**Award Category**

Please indicate which award you are nominating the candidate for:

Coach of the Year/Young Volunteer of the Year/Adult Volunteer of the Year

## **NOMINEE INFORMATION**

**First name:**

**Surname:**

**Contact telephone number:**

**Email address:**

**Age:**

**Sex:**

**Local authority that they do most of their coaching/volunteering/officiating in:**

**Sport (please mention all that apply):**

## **NOMINATOR INFORMATION**

**First name:**

**Surname:**

**Contact telephone number:**

**Email address:**

**Age:**

**Sex:**

**Relationship to nominee:**

## **CRITERIA AND EVIDENCE – COACHING AWARD**

Please make your nomination below. The time period that you should base your nomination on is coaching achievement during 2020/2021. Please use this opportunity to clearly summarise why you feel this person should be nominated.

**Please carefully consider the specific award criteria and evidence required when completing this form. The criteria and evidence can be found earlier in this form.**

### **1. Commitment:**

In up to 200 words please provide a summary of current coaching position, commitment and activity (for example who they coach, what their involvement is).

### **2. Dedication:**

How many voluntary (unpaid) hours delivered in an average week?

How many paid hours delivered in an average week?

Total hours delivered in an average week (sum of voluntary and paid hours)

Number of years as an active coach:

**3. Impact:**

In up to 200 words how has this coach made a positive impact in 2020/2021? (For example, introduced new participants to the sport, developed a new club, supported new or developed coaches etc).

**4. Achievements**

What have been the notable achievements of this coach's athletes or teams in 2020/2021? (For example, athletes' or teams' best ever performance, athletes or teams participating in their first festival/competition.)

Has this coach received any awards/recognition for their coaching in 2020/2021?

If yes, please give details.

**5. Personal development:**

Please provide evidence of what the coach has done to develop their skills as a coach and keep them up to date. This could be through attending workshops, working with other coaches, or other ways in which they have demonstrated a real commitment to on-going personal development.

Level of coaching qualification received?

What courses/workshops/additional training has this coach attended in 2020/2021? For example Positive Coaching Scotland workshops.

Does this coach work in partnership with other coaches?

If yes, please give details:

**6. Summary of key evidence:**

In up to 200 words tell us why this coach should win the award against the evidence required.

**CRITERIA AND EVIDENCE – VOLUNTEERING AWARDS**

Please make your nomination below for these awards. You should base your nomination on achievements made during 2020/2021. Please use this opportunity to clearly summarise why you feel this person should be nominated.

**Please carefully consider the specific award criteria and evidence required when completing the form. This criteria and evidence is found earlier in this form.**

**1. Summary**

In up to 200 words please provide a brief summary of the nominee's commitment and role within the school/club.

**2. Dedication**

How many voluntary (unpaid) hours has the nominee delivered in an average week?

**3. Impact**

In up to 200 words how has this volunteer made a positive impact in 2020/2021?

**4. Inspiration**

In up to 200 words how has the volunteer been an inspiration for participants and peers?

**5. Summary of key evidence:**

In up to 200 words, tell us why the team/school/club would not be the same without the volunteer.

**Signature of nominator:**

**Name of Nominator:**

**Date:**